



MAY 2017: K-8 BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1 Turkey Bacon, Egg & Cheese Breakfast Toast Warm Carrot Cheese Bread 100% Fruit Juice	2 Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Seasonal Fresh Fruit	3 Buttermilk Pancakes Served with Syrup Turkey Sausage Patty 100% Fruit Juice	New York Thursday 4 Upstate Farms® Strawberry Yogurt Whole Grain Croissant Honey Roasted Sunflower Seeds New York Apple Slices	5 Cheese Omelet Soft Wrap with Salsa San Franola Granola Bowl® 100% Fruit Juice
8 Beef Sausage & White Cheddar Sandwich Warm Banana Bread 100% Fruit Juice	9 Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Seasonal Fresh Fruit	10 Tasty Waffles Served with Syrup Turkey Canadian Bacon 100% Fruit Juice	New York Thursday 11 Upstate Farms® Peach Yogurt Warm Sunshine Zucchini Bread Fresh New York Apples	12 Canadian Bacon, Egg & Cheese on an English Muffin Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice
15 Turkey Bacon, Egg & Cheese Breakfast Toast Warm Cinnamon Apple Bread 100% Fruit Juice	16 Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Seasonal Fresh Fruit	17 Blueberry Pancakes Served with Syrup Turkey Sausage Patty 100% Fruit Juice	New York Thursday 18 Upstate Farms® Strawberry Banana Yogurt Served with Craisins & Granola Whole Grain Croissant Honey Roasted Sunflower Seeds New York Apple Slices	19 Egg & Cheese Pita Back to the Roots® Organic Purple Corn Flakes Bowl 100% Fruit Juice
22 Turkey Bacon, Egg & Cheese Breakfast Toast Warm Blueberry Yogurt Bread 100% Fruit Juice	23 Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Seasonal Fresh Fruit	24 French Toast Sticks Served with Syrup Turkey Canadian Bacon 100% Fruit Juice	New York Thursday 25 Upstate Farms® Cherry Vanilla Yogurt Nature Valley™ Oats 'n Honey Granola Bar Fresh New York Apples	26 Cheese Omelet Buttermilk Biscuit Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice
MEMORIAL DAY 29 Turkey Bacon, Egg & Cheese Breakfast Toast Warm Carrot Cheese Bread 100% Fruit Juice	30 Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Seasonal Fresh Fruit	31 Cinnamon Pancakes Served with Syrup Turkey Sausage Patty 100% Fruit Juice	 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p>	 <p>FRESH ATTITUDE WEEK 8-12 May 2017 Fruit and Veg from France Interiel URBAN SCHOOL FOOD ALLIANCE</p>

Offered Daily: Milk (1% low fat, fat free), Seasonal Fresh Fruit (Apples, Oranges, Bananas, Pears), Canned Fruit, 100% Fruit Juice (Apple, Fruit Punch, Grape, Orange), Assorted Cold Cereal

Cold Cereal Choices: Frosted Mini Wheats, Cinnamon Flakes, Multi-Grain Toasted Oats, Raisin Bran, Back to the Roots Organic Purple Corn Flakes, Back to the Roots Cinnamon Cereal

Breakfast Dipping Sauces (served with all hot sandwiches ONLY): Ketchup, Hot Sauce, Salsa

K to 8 Breakfast Menu



MENUS ARE SUBJECT TO CHANGE